



Holy Apostles
College & Seminary

SUMMER 2022 | VOLUME 3 NUMBER 2

INTO THE DEEP

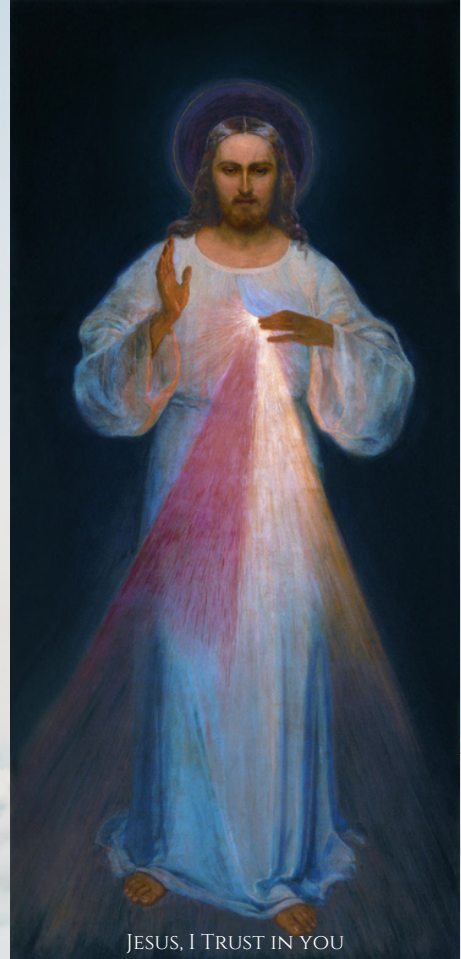
"Put out into the deep and let down your nets for a catch" ([Luke 5:4](#)).

Pastoral Studies Graduate Program Newsletter

Theology for the Heart

Transforming the Culture one Heart at a Time

Cover photo by Eugeniusz Kazimirowski (1873-1939); Accessed 12/5/21 <http://www.cisza2.krakow.dominikanie.pl>, Public Domain, <https://commons.wikimedia.org/w/index.php?curid=9049047>



SEMESTER
SUMMER
2022

TIME IS A GIFT FROM GOD

BY DR. J. MARIANNE SIEGMUND

May Jesus Christ be praised, now and forever! This edition of *Into the Deep* is dedicated to Our Lady, Queen of Heaven. Looking toward the feast of her Queenship on August 22, we thank our loving Father in Heaven for lavishing upon her a superabundance of His grace.

As we enjoy these slower-paced summer months, let us reflect upon what is most important. In his "First Principle and Foundation" of the *Spiritual Exercises*, Saint Ignatius Loyola teaches that "Man is created to praise, reverence, and serve God our Lord, and by this means to save his soul. The other things on the face of the earth are created for man to help him in attaining the end for which he is created" (Ignatius, *Spiritual Exercises* #23). Time is such a created reality. We are to use the time that our loving Father in Heaven has given us on earth to come to know Him better.

During these summer months, with the extra time we have at our disposal, we might establish a plan of life that includes ten to fifteen minutes a day for spiritual reading. That is one practical suggestion for how we can grow in the knowledge of God. Another practical suggestion for coming to know God better is prayer. Since prayer is talking to God, there is no better way to get to know our Father in Heaven than to talk to Him. In fact, the two points can even be combined. (continued on page 2)

(continued from page 1) For example, we might take a book, such as the *Spiritual Exercises* of Saint Ignatius, into Eucharistic Adoration with us and spend a few moments reflecting upon even just one paragraph each day.

Be assured of my prayers for you as we look forward with joy to celebrating the feast of the Queenship of our Blessed Mother on August 22. May the final moments of summer bring you ever closer to the knowledge and love of our Lord Jesus Christ in order that you might serve Him better each day! May God bless you!



Fra Angelico, c. 1434-35; Public Domain

On Wednesday, July 6 the MAPS and M.Div./NE students met for a Human Formation Conference to discuss Saint Augustine's short treatise, *On Patience*. Originally from Cameroon, MAPS student, Mirabel Fonji, shares her insights.

"I learned that for suffering to be counted as true patience, there must be a good cause for the suffering. Some people are willing to undergo sufferings to achieve their selfish desires, and Augustine says that does not count as true patience. ... It's really an amazing document, with lots of knowledge and wisdom to receive, and I was glad to be a partaker."

Thank you, Mirabel, for your presence and participation at our Summer Human Formation Conference! We gained from hearing your rich insights during our educational event.



Photo by J. M. Siegmund; All rights reserved.



The Human Formation Conference was a welcome change of pace to be able to reflect on our Faith without the concern for written citation and word count. It felt much more like being with brothers and sisters sharing about the goodness of our Father in Heaven. I recall my joy at witnessing the look of eyes of wonder and sound of voices expressing the glories of our Faith. It was just what I needed as a remote student balancing the duties of my vocation with these formal studies. Thanks to everyone for participating!

Kristopher Boyd
Master of Divinity in the New Evangelization Student



UPCOMING LIVE EVENTS IN THE GRADUATE PASTORAL STUDIES DEPARTMENT

- **OCTOBER 4 THE SAN DAMIANO CRUCIFIX, BY PATRICK MAGUIRE**
- **OCTOBER 26 HUMAN FORMATION CONFERENCE, "THE FOUR TEMPERAMENTS" BY FR. BASIL NORTZ, O.R.C.**
- **NOVEMBER 9 BECOME A LIFE COACH! BY MARIA SMITH**

All events will be held at 7:00 PM Eastern time Via Zoom. Current M.Div./NE students and MAPS students who began in the summer semester of 2022 or thereafter will receive a Zoom link. For other interested students and alumni, please email the Program Director, Dr. J. Marianne Siegmund, at msiegmund@holypostles.edu to request a link. At the time of your request, please provide her with a working email so she can send you the link. For more information on each event, please see below.

CELEBRATE THE FEAST OF SAINT FRANCIS OF ASSISI WITH THE PASTORAL STUDIES DEPARTMENT!

Please join the Graduate Pastoral Studies Department via Zoom on October 4 at 7:00 PM as we celebrate the feast of Saint Francis of Assisi.

Master of Divinity in the New Evangelization student, Patrick Maguire, will offer a presentation of the San Damiano Crucifix. After his presentation, there will be time for questions and discussion. The event will be one hour long. All are most warmly welcome to attend!

Pastoral Studies students who request it will receive one hour of Human Formation credit for attending.



The San Damiano Cross; Public Domain



Ritratto di papa Giovanni Paolo II (1984 - edited); Photo by Quirinale.it, Attribution, <https://commons.wikimedia.org/w/index.php?curid=116480934>

HUMAN FORMATION CONFERENCE GRADUATE PASTORAL STUDIES PROGRAM

Each semester, students enrolled in either the Master of Divinity in the New Evangelization program or the Master of Arts in Pastoral Studies program participate in a one hour Zoom conference that builds friendship, charity, and human formation. Such formation is crucial to our work in the Church, for we strive to mold our "human personality in such a way that it becomes a bridge and not an obstacle for others in their meeting with Jesus Christ the Redeemer of humanity" (John Paul II, *Pastores Dabo Vobis* #43).

During each Human Formation Conference, we focus upon a relevant document in theology and pastoral studies and then we apply it to our work in the apostolate. Conference participants get to meet one another, share ideas, and come to a deeper understanding of how theology applies to life. Past conference themes include Pope Saint John Paul II's Encyclical, *Dives in Misericordia*, (Fall 2022 Conference) and Saint Augustine's short treatise entitled *On Patience* (Summer 2022 Conference).

Please join us for the next Human Formation Conference on October 26 at 7:00 PM Eastern time. Pastoral studies students and alumni from across the United States and beyond will gather in communion to reflect upon the four different personality types and how people with various temperaments can grow in holiness as we strive to fulfill our mission in the New Evangelization.

On October 26 we will be discussing the audio presentation by Fr. Basil Nortz of the Order of Canons Regular of the Holy Cross entitled, "The Four Temperaments." Please purchase it today (\$4.00) so that you will have a chance to listen to it before the Fall conference.

All are invited! MAPS students who entered the program before the Summer 2022 semester and all interested alumni should email the Pastoral Studies Program Director, Dr. J. Marianne Siegmund, at msiegmund@holypostles.edu to request a link.

Conference participants who request it earn three hours of human formation credit for listening to the audio presentation on "The Four Temperaments," preparing some points to mention at the conference, and attending the one hour Zoom conference on October 26.

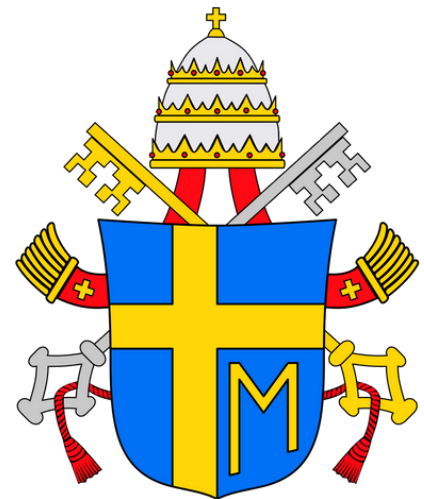


Photo by Magul, CC BY-SA 3.0, <https://commons.wikimedia.org/w/index.php?curid=1841498>

"The Lord is...forbearing toward you, not wishing that any should perish, but that all should reach repentance."

2 Peter 3:9

**Submitted by MAPS Student,
Mirabel Fonji**

BECOME A LIFE COACH!

BY MARIA SMITH

In May of this year I graduated with an MA in Pastoral Counseling from Holy Apostles. As I had already been discerning and planning my future work for a number of years, it was an easy task to design and order my business cards, and to promptly begin my new career as a Life Coach.

There is a tremendous - and rapidly increasing - need in the Catholic Church for the role of an intermediary between spiritual direction and therapeutic counseling. That is the role a Life Coach plays.

Specifically, there is a need for coaches who are solid Christians and also well-educated in their Catholic Faith. An MA in Pastoral Counseling from Holy Apostles provides an excellent foundation and preparation to be a Life Coach. I meet with my clients virtually or, if they are local, in person.

On November 9 at 7:00 PM Eastern time, I will be hosting a Zoom meeting with Dr. Siegmund for anyone who would like to know more about Life Coaching. Topics I will address include the following.

***Why Life Coaching?**

***Discernment of this calling**

***Seeing the need**

***Establishing your niches**

***How to proceed in setting up your own practice**

I will give a short talk and afterwards I will be available for a question and answer session. Additionally, I would be happy to share information personally if you are interested in this field. Please feel free to contact me at my business email: mariapalmasmith@gmail.com to ask questions and/or to set up an appointment for a video meeting. I look forward to seeing you on November 9!

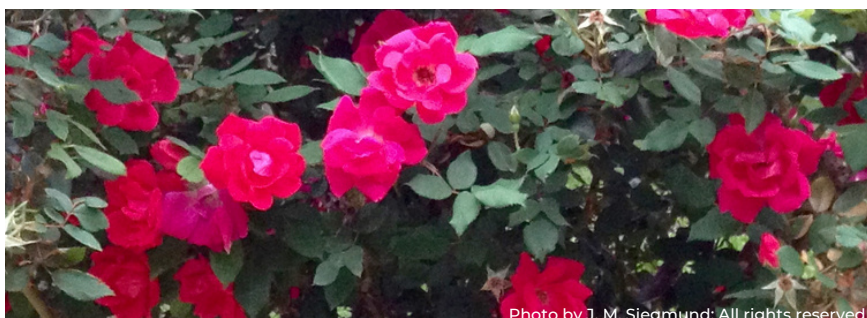


Photo by J. M. Siegmund; All rights reserved.



Titian; Hochaltar für St. Maria Gloriosa dei Frari in Venedig; Public Domain

MAPS and M.Div./NE Students!

Consider offering a human formation talk in partial or full fulfillment of your human formation hours. This student-led initiative involves offering a Zoom presentation (about 45-60 minutes in length) in one's area of expertise. Any student who leads a human formation presentation in one's area of expertise will receive approximately five hours of formation credit. For more information, please see the online Graduate Pastoral Studies Department Handbook.

MEET DEACON JEFFREY KINGSLEY, M.DIV./NE STUDENT

Twenty years ago, on June 22, 2002, the memorial of Saints John Fisher and Thomas More, I was ordained a Deacon for the Diocese of Bridgeport, Connecticut. I have served in two parishes in various ministries: RCIA, Marriage Preparation, Religious Education, Altar Server Training, Marriage Counseling, Spiritual Direction, Men's Ministry, Knights of Columbus, Master of Ceremony for the Bishop, and I supported devotions such as First Fridays, First Saturdays, Rosary, and Divine Mercy Sunday, and I even assist in parish administration, as needed.

Why would an experienced Deacon need to enroll at Holy Apostles for the Master of Divinity in the New Evangelization degree?

Originally, I investigated HACS as a 'bucket' list item. Forty years ago while in college, I didn't have the self-confidence to enroll in theology, as I knew it would require advanced degrees, which was inconceivable and rather overwhelming to me. However, shortly after enrolling at Holy Apostles, I realized how much the culture has shifted and I felt inadequate to the challenge. Parish ministry needs to make significant adjustments to keep up with our culture.

Photo by J. Marianne Siegmund. All rights reserved

Case in point, as a religion teacher for Confirmation, I had eighth grade students who were confused about their gender identity and I had nothing in my formation beyond my own self-study to counter this. We are in a battle and we need to be prepared for where the culture wars are going in the future, and not just what we are fighting today.

So I guess you could say, why did I wait so long to enroll in the Master of Divinity in the New Evangelization program?



ST. JOSEPH, HUSBAND, FATHER, AND GUARDIAN BY VINCENT RAMOS

In his reverent silence, St. Joseph's role in the Holy Family provides a profound example of holiness. He is an inspiration to us of the call for the New Evangelization as it applies to marriage and family through his continual "yes" to God in faith and obedience, his marriage to Mary, and his role as father and guardian of Jesus.

Joseph's obedience to God shines through his example as a pillar and guardian in marriage. From the moment he obeyed the command of God and took Mary as his wife, he shared in her "yes" to the Almighty in obedience. "Together with Mary, Joseph is the first guardian of this divine mystery. Together with Mary, and in relation to Mary, he shares in this final phase of God's self-revelation in Christ and he does so from the very beginning" (Pope John Paul II, *Redemptoris Custos*, #5). (Continued on next page)

(Continued from page above) Like Mary, Joseph shows us how to trust God in faith and obedience, as a faithful husband of our Blessed Mother and the father, guide and protector of the Redeemer of humanity.

St. Joseph showed us how to be obedient to God as he embraced his role in the Holy Family as father and guardian. Jesus was conceived by the power of the Holy Spirit, keeping Mary and Joseph's virginity intact; Joseph was Jesus's father through his marriage of Mary.

Joseph's authority of fatherhood is proven in the Biblical genealogies of Christ and it is confirmed when the angel appeared to Joseph and commanded him to name his foster Son Jesus. Joseph "among all stands out in his august dignity since, by divine disposition, he was guardian and, according to human supposition, father of God's Son" (John Paul II, *Redemptoris Custos*, #8).

St. Joseph provides a saintly roadmap which shows us how to silently foster, guide, protect, and love Jesus, Mary and our neighbor. He was presumed to have died in the arms of Jesus and Mary, which is why the Church venerates him as the patron saint of a happy death. Can you think of ways we can emulate the powerful and unselfish role of Joseph in our own lives, and in the lives of our families?



Photo by J. M. Siegmund; All rights reserved

COMPETITIVE TRIALS THAT MEASURE ACTUAL PERFORMANCE BY AN ANONYMOUS HOLY APOSTLES STUDENT

As a former competitive swimmer, I participated in trials to determine who would make the cut to enter a final race for gold, silver and bronze medals. For example, out of 50 to 100 swimmers, only the fastest 10 or 15 emerged to enter the final race.

I recently heard a Christian say that "life here on earth is 'trials' for heaven." How we handle these earthly trials determine who enters heaven – and who does not. Similarly, the Bible describes the perseverance of the saints here on earth as those who are in a competitive race for a crown of life (Heb. 12:1 & 1 Cor. 9:24-27 & 2 Tim. 4:7-8 & Rev. 2:10).

Earthly trials give us multiple opportunities to grow in holiness and to offer our sufferings to God. We want to do His will. So exactly what is God's will? It is summed up in Catholic "works of mercy" (CCC 2447 & Matt. 25:31-46). Merciful works include various sorts of trials. (Continued on next page)



Photo by J. M. Siegmund; All rights reserved

For example, a spiritual work of mercy is patiently bearing wrongs, insults or false allegations, without seeking revenge. Personal revenge differs from judicial punishment – and revenge belongs exclusively to the Lord (Romans 12:19-21). Other earthly trials include corporal works for other people. For example, giving a glass of water to a thirsty soul can be a work of mercy (see v35 in Matt. 25:31-46).

Jesus said that only those who do God's will are members of his family (Matt. 12:50). All people are invited to join His holy family. However, in a frightening and sobering comment, Jesus said that not everyone who calls Him Lord will enter His Kingdom, but only those who do the will of the Father (Matt. 7:21-25). God's will is for us to meet the needs of other people, especially when He has given us the talent and opportunity to do so.

Jesus is our divine King – and yet He did subservient work for us. For example, in the first century, most people did not have central sewage lines to efficiently wash away feces, so fecal matter ended up being spread in the streets and along pedestrian walkways by foot traffic. Foot washing was extremely important for the hygiene of a home. Conversely, foot washing was one of the most subservient jobs in society. Public and religious officials would never stoop to do such subservient work. Yet Jesus did it – and He is our example (John 13:1-17). God's ways are not our ways and His ways are counterintuitive to the standards of this present world (Isaiah 55:8-9).

Here on earth, we are given multiple opportunities to serve others, but participation in those trials is oftentimes voluntary. We can say “no” to the needs of others and instead, we can focus on our fleeting luxuries and the prestige of this present world, which is passing away (1 John 2:15-17). How are your trials coming along? If you're not satisfied with your performance, then have courage because your race is not over – and you have time to practice, practice, practice!



Rosary Basilica, Lourdes, France, 1899; Photo by Preacherdoc - Own work, CC BY-SA 4.0, <https://commons.wikimedia.org/w/index.php?curid=3813481>

JOIN A 54-DAY ROSARY NOVENA BY BELA GROSS

I am organizing the 54 Day Rosary Novena at my parish and I would like to open the invitation to any other interested students.

For any questions, students can feel free to contact me at bgross@holypostles.edu.

To receive more instructions on how to pray this Novena please send an email to: calltoholiness@yahoo.com

**“THE ROSARY IS THE ‘WEAPON’ FOR THESE TIMES.”
SAINT PADRE PIO**

THE TWO TRINITIES

BY MARIA SMITH

A few years ago, I came across the religious painting, *The Two Trinities*, by the Spanish painter, Bartolomè Esteban Murillo. This painting, also known as *The Heavenly and Earthly Trinities*, is not new, but it was, in fact, created several centuries ago, sometime during the latter part of the 17th century.

The concept and the reality of “Two Trinities” immediately captivated me. The “earthly Trinity,” also known as the Holy Family, is the perfect reflection of the “Heavenly Trinity,” or the Holy Trinity. Our Lord Jesus is the Center of both Trinities, the Bridge between Heaven and Earth, the Son who came down from Heaven in order to bring Man up to Heaven.

The theme of the Two Trinities highlights the significance of the Incarnation and it reveals the absolute necessity of the family, both in this temporal world and in eternity. God is a family: Father, Son, and Holy Spirit, and the Holy Family of Nazareth beautifully reflects this Heavenly Trinity in Joseph, Jesus, and Mary. In *Patris Corde*, Pope Francis describes Joseph as the “earthly shadow of the Heavenly Father.” Jesus, in both Trinities, is the Son, and St. Maximilian Kolbe teaches that Our Lady is the “Created Immaculate Conception, and the Holy Spirit is the Uncreated Immaculate Conception.”*

While Murillo's beautiful depiction of this profound image is, perhaps, the most famous, there are a good number of other exquisite visual portrayals of this lofty concept that can be found with an internet search. At a time in human history when God is being more and more ignored and the human family is more and more broken, to contemplate the beauty, truth, and love of familial bonds both here and in eternity could be a salutary step toward spiritual and emotional healing.

*Jonathan Fleischmann, “Who Are You, O Immaculate Conception?” at Franciscans of the Immaculate at <https://saintmaximiliankolbe.com/who-are-you-o-immaculate-conception/>



EARN SPIRITUAL FORMATION CREDIT FOR ATTENDING A RETREAT OR CONFERENCE, IN- PERSON OR VIRTUALLY

Consider attending the [Divine Mercy Conference](#) in Buffalo, New York on August 27 for five hours of spiritual formation credit. For details, see the [Master of Divinity in the New Evangelization Handbook](#) and the [Conference advertisement](#). Alternatively, call 1-800-462-7426 for Conference information.



CONSIDER GETTING A JUMP- START ON PASTORAL FORMATION

SEE THE [HANDBOOK](#) FOR DETAILS. FOR ADDITIONAL IDEAS, CONSULT FR. MICHAEL GAITLEY'S BOOK, "[YOU DID TO ME](#)." A PRACTICAL GUIDE TO MERCY IN ACTION.



"HAIL,
HOLY QUEEN,
MOTHER OF
MERCY!"



Visit us online at
<https://holyapostles.edu>

Please keep all our students,
faculty and staff in your prayers.



Then the dragon was angry with the woman, and went off to make war on the rest of her offspring, on those who keep the Commandments of God and bear testimony to Jesus. And he stood on the sand of the sea.

Apocalypse 12:17



Chiara Simeone-DiFrancesco....Co-author:
Schema Therapy with Couples, a
Practitioner's Guide to Healing Relationships



Consider supporting Holy Apostles
College and Seminary.

<https://holyapostles.edu/giving/>

Consider supporting Catholic Radio, an
Outreach of Holy Apostles College &
Seminary

<https://wcatradio.com/support/>

Welcome to all of our new M.Div./NE and MAPS students!

Please send comments or submissions for *Into the Deep* to Dr. J. M. Siegmund at
msiegmund@holyapostles.edu